

13. A Pickering emulsion, said Pickering emulsion being a finely dispersed water-in-oil or oil-in water system, said Pickering emulsion comprising:
- a) an oil phase;
  - b) an aqueous phase;
  - c) microfine particles, said microfine particles being metal oxides:
    - i) having an average particle size of less than 200 nm;
    - ii) being dispersible both in water and in oil;
    - iii) having both hydrophilic and lipophilic properties resulting in amphiphilic character; and
  - d) at least one polymeric moisturizer; and
  - e) at most 0.5% by weight of one or more emulsifiers.
14. Pickering emulsion according to Claim 13, which is emulsifier-free.
15. Pickering emulsion according to Claim 13, wherein the content of the particles is between 0.1% by weight and 30% by weight, based on the total weight of the preparations.
16. Pickering emulsion according to Claim 13, wherein the particle diameter of the particles used is between 5 nm and 100 nm.
17. Pickering emulsion according to Claim 13, wherein the particles used have been surface-treated to repel water, where the amphiphilic character of the particles is formed or retained.
18. Pickering emulsion according to Claim 13, wherein the total amount of said one or more polymeric moisturizers in the emulsion is less than 10.0% by weight, based on the total

weight of the preparations.

19. Pickering emulsion according to Claim 13, wherein the polymeric moisturizer is selected from the group consisting of polysaccharides which are water-soluble, water-swellaable or gellable using water or have any combination of such properties in water.
20. Pickering emulsion according to Claim 13, wherein said polysaccharide is selected from the group consisting of hyaluronic acid, chitosan, and the product which is listed in the Chemical Abstracts under the Registry Number 178643-23-5.
21. A method of providing skin care, said method comprising applying to skin an emulsion according to any one of claims 15-20.
22. A method of stabilizing a cosmetic or dermatological Pickering emulsion comprising of:
- a) an oil phase;
  - b) an aqueous phase;
  - c) microfine particles, said microfine particles being metal oxides:
    - i) having an average particle size of less than 200 nm;
    - ii) being dispersible both in water and in oil;
    - iii) having both hydrophilic and lipophilic properties resulting in amphiphilic character; and
  - d) at most 0.5% by weight of one or more emulsifiers,
- which consists of adding at least one polymeric moisturizer to said Pickering emulsion.
23. The method of claim 22 wherein the at least one polymeric moisturizer is selected from the group consisting of polysaccharides which are water-soluble, water-swellaable or gellable using water or have any combination of such properties in water.